

Day 7: Tuesday 05 December

Most Blessed Virgin Mary, Mother of God and my Mother, look upon me with love as I contemplate your holy and Immaculate Conception. Fully conscious of your influence with Jesus your Son, I ask you to come to my aid and ask Him to grant me the favour that I now request: *(silently state your intention now)*

Day 8: Wednesday 06 December

Most gracious Virgin Mary, beloved Mother of our Redeemer, I am confident that your prayers on my behalf will be heard before the throne of God. O glorious Mother of the Word made flesh, in honour of your Immaculate Conception please ask God to grant me the favour that I now request: *(silently state your intention now)*

Day 9: Thursday 07 December

O Mother of the King of the Universe, you are the joy and glory of the whole human race. Holy Mary, assist me in my necessity. I turn to you as my Advocate with your Son. By your Immaculate Conception, intercede with Jesus and ask that I be granted the favour that I now request: *(silently state your intention now)*

Concluding Prayer: The Memorare

(pray each day of the Novena)



Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother! To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

V. O Mary, conceived without sin,

R. Pray for us who have recourse to thee.



A Novena

in preparation for the Solemnity of
the Immaculate Conception
of the Blessed Virgin Mary

on Friday 8th December 2023

Opening Prayers

(pray each day of the Novena)

- V. In the Name of the Father ✠ and of the Son
and of the Holy Spirit.
- R. **Amen.**
- V. Most Blessed Virgin Mary, hear our prayer.
Through the Holy Spirit you became the Mother of Jesus.
- R. **From the Holy Spirit may I, too, have Jesus.**
- V. Through the Holy Spirit your flesh conceived Jesus.
- R. **Through the same Spirit, may my soul receive Jesus.**
- V. Through the Holy Spirit you were able to know Jesus,
to possess Jesus, and to bring Him into the world.
- R. **Through the Holy Spirit may I, too, come to know Jesus.**
- V. Filled with the Spirit, Mary, you could say:
*I am the handmaid of the Lord.
Be it done to me according to your word.*
- R. **In the Holy Spirit, lowly as I am,
let me proclaim the great truths about Jesus.**
- V. In the Spirit you now adore Jesus as Lord
and look on Him as Son.
- R. **In the same Spirit, Mary, let me love Jesus.**

Daily Prayers

(pray the prayer assigned to each day of the Novena)

Day 1: Wednesday 29 November

O most holy Virgin, you were pleasing to the Lord and became His Mother, immaculate in body and soul. Look kindly on me as I ask for your motherly intercession. By your Immaculate Conception you crushed the head of our Enemy; I ask you to present before the throne of God the favour I now request: *(silently state your intention now)*

Day 2: Thursday 30 November

O Mary, Queen of the angels and saints, I salute you as I contemplate your Immaculate Conception. Thank you for your motherly protection and powerful intercession. Mother of mercy, I come to you with confidence: hear my prayer and obtain for me the favour that I earnestly request in this Novena: *(silently state your intention now)*

Day 3: Friday 01 December

O Blessed Virgin Mary, glory of the Christian people and Mother of Our Lord, speak for me to the Heart of Jesus, because He is your Son and our Brother. Mary, through your Immaculate Conception you came into the world free from sin. Obtain for me from Jesus the favour which I now so earnestly seek: *(silently state your intention now)*

Day 4: Saturday 02 December

O Mary, Mother of God, full of grace from the first moment of your Immaculate Conception, you are unique among all women in being both Virgin and Mother. Look upon me with a tender heart from your place in Heaven, and obtain for me from your Divine Son the favour for which I now plead: *(silently state your intention now)*

Day 5: Sunday 03 December

O Mary, Mother of Christ, at the wedding feast of Cana you had influence with your Divine Son here on earth. You have that same influence in Heaven, so pray for me, because I am your child. Obtain from Jesus, if it is His will, the granting of the favour for which I now plead: *(silently state your intention now)*

Day 6: Monday 04 December

Glorious Queen of Heaven, I profess my firm belief in your holy and Immaculate Conception through the merits of your Divine Son. I thank God for preparing you from the first moment of your existence to be the Mother of the Word made flesh. Listen to my petition, for which I now plead: *(silently state your intention now)*